



keepin'
it... **REAL**

DARE.ORG

D.A.R.E. FAMILY TALK #5

In our D.A.R.E classes we talked about **bullying, helping others, being a good citizen**, and knowing where to go when we need help.

One way we can be a good citizen is to help stop bullying. In class we learned about using the 5 W's to help safely report bullying.

Having talks with your child helps them learn safe and responsible ways to deal with situations they may face in their daily lives. The following questions will help to begin the conversation on ways to help stop bullying.

1. **What** are two ways that you might know someone is being bullied?
2. **Who** are the people that just "stand by" and do nothing when they observe bullying?
3. **When** should you take action and what should you do if you observe bullying or you are being bullied?
4. **Where** or how could you safely report bullying?
5. **Why** is it important to **report** bullying to a **trusted adult**?
6. Name someone you could call on if you need help, advise, protection or guidance.

Parents: Thank you for participating in D.A.R.E. keepin' it REAL Family Talk activities!

