



# D.A.R.E. FAMILY TALK #1

**Welcome to D.A.R.E !** Your child is joining millions of other young people who have benefited from the D.A.R.E. program. **D.A.R.E. keepin' it REAL** is all new, based on research and science, with the goal of teaching young people skills to lead safe, responsible and drug-free lives.

Research confirms the importance of family discussions and guidance regarding situations students face in their daily lives or may face in the future, such as drug abuse. We are asking you to participate in the **Family Talk** activities that will provide a connection between what is learned in class and provide for conversations at home on these important topics.

In class today the **D.A.R.E Decision Making Model** was introduced and will be used throughout the lessons to practice how to think through situations, make safe and responsible choices, and become good citizens.

The D.A.R.E. Decision Making Model steps are:

**D – DEFINE** Describe the problem, challenge or opportunity.

**A – ASSESS** What are your choices?

**R – RESPOND** Make a choice. Use the facts and information you have gathered.

**E – EVALUATE** Review your decision. Did you make a good choice?

We talked about the importance of being **RESPONSIBLE**.

Discuss with your child what it means to be responsible both at home and school.

Give some examples of those responsibilities.

**Responsibilities:**

Home

School

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